# General Camera Instructions

## Setting up the camera

1. Set up the tripod at a reasonable height to image the patient. Make sure that the bubble on the level is in the center.
2. Set camera up on tripod by attaching it to the base plate using the screw to secure it so it does not move.
3. Turn on laptop
4. Plug one end of the USB into the laptop and the other end into the camera
5. Open the **IR Flash** software on the laptop

\*You should be able to see a live image showing up

1. Make sure the image is **Gray Scale**
2. **Unselect the AGC box**
3. Adjust the **Min** and **Max** values based on the histogram to have the best contrast

\*Generally, min around 23 and max around 38

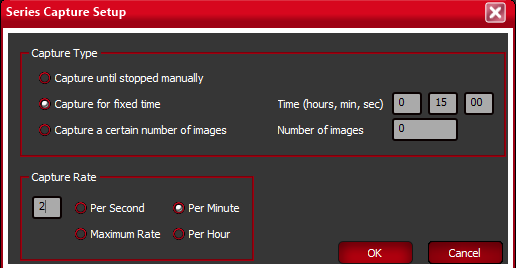
1. Set **Averaging** to **30**

## Taking an Image Series

## Select Video 🡪 Capture Image Settings



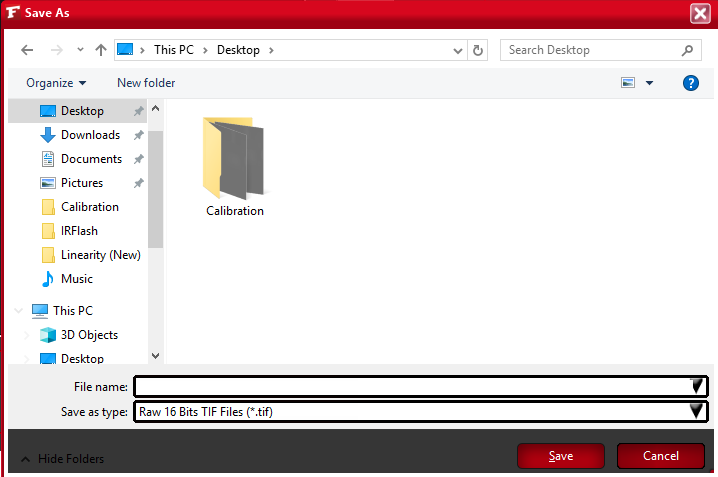
1. Set Capture Type to “Capture for fixed time”
2. Set Time to 0 hours 15 minutes 0 seconds.
3. Change Capture Rate to 2 Per Minute. Select OK



1. To begin the image series click the red record button:
2. To save all the images from the series, select

File 🡪 Save All and make sure to save as a Raw 16 Bits

 TIF File

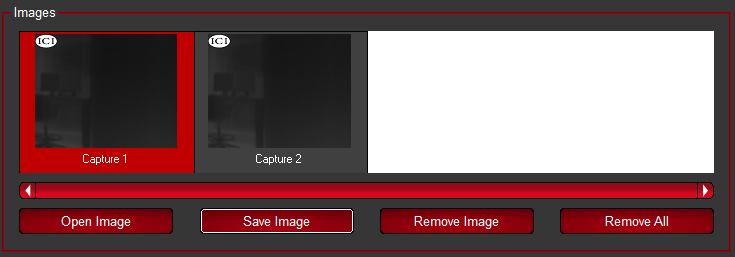


## Taking a Single Image

1. Select Video 🡪 Capture Single Images



1. To take an image click the camera button
2. To save the image, select the image and click Save Image



## 

# Before Patient Arrives

## Set up Camera

## Set up the camera on the tripod and plug it into the laptop. Remove the lens cap.

1. Open up the IR Flash Software and set up the camera as described above
2. Let the camera warm up while setting up. The camera should be allowed at least \_\_\_ minutes to warm up.
3. Go ahead and configure the image series as described above

## Chair Setup and Focusing

1. Set up chair and arm supports. Have the two arm supports be at the same height.
2. Have someone sit in the chair for the initial setup.

\*This will need to be adjusted when the patient arrives

1. Point the camera directly at the chair and adjust the focus on the camera

\* Careful not to unscrew or touch the lens

\* Have the patient hold an object like a watch or headphones to better focus

\* If necessary use the sliding part of the platform to help focus

1. Turn the camera to point at one of the side mirrors. Mark the position that you turn the camera so it is easy to return to later

\* Do not turn the plate because it will likely come off the tripod. Instead turn the handles

1. Position the side mirror on the pole of the arm support so as much of the side of the breast is visible as possible. Once the mirror is in place, use the red knob on the flex bars to lock them in place.
2. If necessary, adjust the focus so the breast on the mirror is in focus

\* Make sure to focus on the mirror and not the patient

\* If the focus needed to be adjusted make note of where the lens is in focus for each patient.

1. Do the same for the other side mirror

# After Patient Arrives

1. Welcome the patient and thank her for her time.
2. Explain the procedure including key points:

\* Imaging will take 15 minutes after she undresses

\* She needs to stay as still as possible for the entire time

## Adjust Chair Setup and Camera for Patient

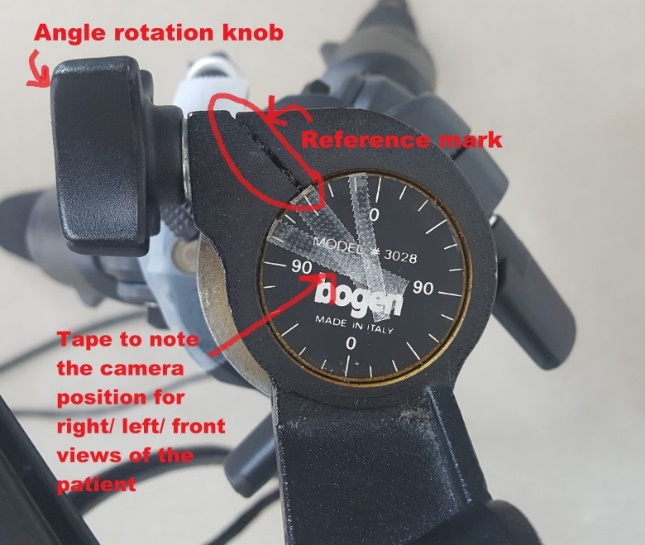
1. With her clothes on, adjust the height of the arm rests to make the patient comfortable.
2. Also adjust the height and position of the camera to get as much of her chest as possible
3. Adjust the position of the mirrors, so that it shows the full side of the breast. Make sure the mirrors are not in contact with the patient. (See attached images for reference)
4. Rotate the camera and have it face the right side mirror (make sure the level bubble is still centered).   
   Once a good position is set to show a full and focused view of the breast side, **note the angle with the reference line with a thin piece of tape** (As shown in the image)
5. Repeat for the left side mirror, and note its angle against the reference line with another piece of tape.
6. Ask the patient to hold a watch or bracelet as close as possible to her nipple or chest
7. Then **focus** the camera as best as possible on the edges of the watch,   
   **Do not touch the lens.**
8. Put a reference mark with a thin piece of tape on the outer non-moving ring of the lens. Then, put another thin piece of tape on the moving focusing ring to mark where you found the best focus and have it align with the reference tape.
9. Rotate the camera on the left side where you marked the position with tape.
10. Have the patient hold a watch or bracelet next to the side of their breast.
11. Focus the camera on the breast reflection on the mirror (not on the patient!), use the watch to help find a good focus.
12. Mark the new focus location with a piece of tape on the moving focus ring of the camera and have it align with the reference tape.
13. Repeat for the other mirror
14. Measure the distance between the patient and the camera with the measuring tape, and write it down in the lab notebook.

Image Ruler and Final Check

1. Ask the patient to hold a ruler from the middle point (provided in the black bin) **horizontally** as close to her chest as she can, and at approximate nipple height.
2. Make sure the sides of the ruler are shown clearly in the image and are not obscured by the background (See sample image below)
3. Take **single image** of the patient holding the ruler.

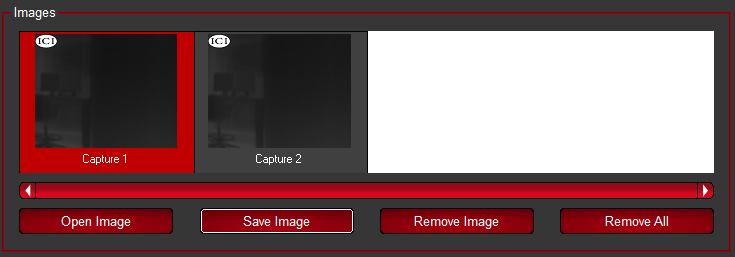
\* Save the image with the patient ID, for example, *IRST012\_ruler*

1. **Before asking the patient to undress**, double check the following:

* The mirrors are still in good position
* The focus reference marks are labeled
* The rotation angles for the camera are labelled
* The setup on FrameLink Express for taking the first side mirror image is prepared (this is to save time of cooling after the patient undresses)
* Ask if the patient is wearing a high-waist pants/skirt or if she’s wearing nipple piercings. Kindly ask the patient if she can push down her pants/skirt below her navel when she undresses later, and if she can remove her piercings.

Imaging Patient

1. **Ask the patient to remove her upper clothing**, and do the following as quickly as possible:
2. Let her sit back on the chair and position her arms on the already-adjusted supports so that they are away from the sides of her breasts. Ask the subject to remain as still as possible.
3. As quickly as possible, readjust the tripod/mirrors if necessary
4. Readjust the focus to the reference mark of the mirror and take **one image** of the **right side mirror**, using the tape mark you set as a reference. This should be saved in the image bar as Capture 1 (see below).



1. Take one image of the left side mirror. This is Capture 2.
2. Put the camera pack to the frontal view and adjust the focus based on the reference mark made in part E. Then, i**mmediately begin imaging** for 15 minutes

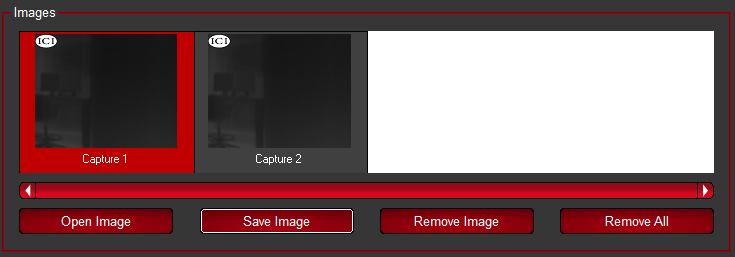
\* Feel free to talk with the subject if she wishes, as long as she doesn’t move.

\* These images should be titled Capture 3 and beyond in the Images bar.

1. Once the 15 minutes are over, take two more images of the side mirrors (right then left). These will be Capture X and Capture Y.
2. Tell the subject that “we are finished”, ask her to re-dress, and **thank her for her participation.**

# Saving the Images

1. Select Capture 1 and Save Image as: *IRSTXXX\_Right\_min0*
2. Select Capture 2 and Save Image as *IRSTXXX\_Left\_min0*
3. Remove Capture 1 and 2 by selecting the images and then clicking Remove Image



1. Select